

H&I Panel Meeting

1. Hello my name is: _____ I am an ADDICT. Welcome to the Narcotics Anonymous H&I Panel Meeting at: _____.
(Panel introduces them selves. Mention home group and clean time)

We are members of a fellowship called Narcotics Anonymous and we come here through a subcommittee called H&I and that stands for Hospitals and Institutions. H&I's primary purpose is to carry the message of NA and information about NA to those who cannot attend our meetings regularly. Most H&I work is done in prisons.

What is the message of NA? It's a message of hope and freedom from the disease of addiction. The message is that an ADDICT, any ADDICT can stop using drugs, lose the desire to use and find a new way to live. Our message is hope and the promise of freedom. When all is said and done, our primary purpose can only be to carry the message to the ADDICT who still suffers because that is all we have to give.

We run the H&I meetings very similar to out side meetings. We do the same readings like a normal outside meeting and have open sharing to allow those of you who wish to participate in the meeting. We do allow questions to be asked concerning the program of Narcotics Anonymous.

2. May we have a moment of silence and for those who wish to, join me in the serenity prayer.

3. I have asked someone to read.

(Have a panel member say a few words before each reading about the reading.)

- **WHO IS AN ADDICT**
- **WHAT IS THE NARCOTICS ANONYMOUS PROGRAM**
- **WHY ARE WE HERE?**
- **HOW IT WORKS**
- **JUST FOR TODAY**
- **WE DO RECOVER**

LEADER WILL SHARE ON A TOPIC OF RECOVERY, GUEST SPEAKER OR READ TODAY'S "JUST FOR TODAY"

And open the meeting for sharing or questions regarding NA.

CLOSE THE MEETING WITH:

A moment of silence for the suffering ADDICT followed by the 3RD STEP PRAYER...

Take our will and our lives, guide us in our recovery show us how to live...

KEEP COMING BACK IT WORKS!!!!!!!!!!!!!!