

ASIA PACIFIC FORUM NEWS

Afghanistan – Aotearoa New Zealand – Australia – Bahrain – Bangladesh – Bhutan
Cambodia – China – Guam – Hawai'i – Hong Kong – India – Indonesia – Iran – Japan
Kuwait – Malaysia – Maldives – Nepal – NERF – Oman – Pakistan North – Pakistan South
Philippines – Saudi Arabia – Singapore – South Korea – Thailand – UAE – Vietnam

A NETWORK OF NA COMMUNITIES

www.apfna.org

Issue # 52~November 2020

A Note from the Editor

Greetings and Welcome to our 52nd Edition of the APF News. APF in our virtual world continues to thrive. Inside is an update to keep you informed of just some of the happenings from the last few months. Enjoy & pass it on!

Phyllis S APFNews-Editor

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November to February

Events & Virtual Meetings

*If there is anything you wish to add,
perhaps a clean date or story you would
like to tell, contact us:*

newsletter@apfna.org

Announcements

We wish to introduce the newest members of our Newsletter Team.

Sunil ~ Editing & Consulting

Zimbe ~ Joins Sumit in graphics

Welcome back ~ *Mukum H.* for DYK?

APF

APF annual meeting to be held in February 2021 and will be conducted virtually

Elections will be coming up in February. For the positions to be considered please see our Chairs' report on page 2

Report from the Chair

Dear Delegates and all,

Hope you all are safe and healthy.

Our half yearly virtual meeting was held on 26th September 2020 with 49 members along with around 30 observers. The communities shared the various ways in which their fellowships had been affected/impacted by the Covid-19 pandemic. Delegates also reached a consensus for holding a virtual annual APF meeting in February 2021. It was also agreed that it will be a 4 day meeting (04 hours in each day).

Trusted servants have prepared a google form to collect the input from the delegates to prioritize the sessions for the 2021 Virtual APF meeting. This has already been shared with delegates. The deadline for submitting this form is 26th November 2020.

This time delegates are no longer required to submit the usual Participant Request Form which mostly collects the travel and accommodation details. Our trusted servants are in the process of revising the Participant Request Form which would be relevant to the Virtual APF Meeting.

A community reporting template will be sent to the delegates soon for an update by all the communities.

As the service terms of some of our trusted servants will soon be completed, there will be some vacancies for certain positions. We will soon invite interested members to submit resumes for the positions of: FD Coordinator, Women FD Coordinator, PR Coordinator, Merchandising Chair, Newsletter Editor, & Zonal Delegate Alternate.

According to the consensus of the half yearly virtual meeting, we have contributed USD 2500 to NAWS.

The Fellowship Development Workgroup has successfully conducted its first Virtual FD workshop on 'Building Strong Home Groups', with a greater number of participants.

Our Public Relations Workgroup organized the first multilingual (In English, Bahasa and Farsi) Workshop on "WHAT IS H&I" on the 14th of November 2020 with a great audience.

If your community is going to elect a new RD or AD, please inform us immediately. New delegates will be provided with an APF orientation handbook to help get them acquainted with APF.

Please feel free to reach us if you need any information or assistance.

Yours in Service,

Reza A



Public Relations

PR Coordinator and PR WG Report for the November APF Newsletter

The PR Workgroup held 2 meetings, one in August and the second one in October. We had approximately 12 to 15 members attending both meetings from communities spread across the zone. We have started community PR reports at our meetings and it's a great way for communities to share about their PR successes and ask for solutions to any problems encountered. In response to a new member's question about what the PR WG actually is, the answer was- it's a place to share and learn from each other's experiences. The August meeting was also about preparing for our Workshop to be held on the 19th of September.



September PR Workshop: An interactive session was held on PR presentation to professionals, creation of a NA Community Facebook page and NA Helplines. A total of 35 members attended this event. The event was recorded and we released anonymized videos on You tube for training purposes. (<https://www.youtube.com/watch?v=kt3TIQe-30E&t=8s>) We had a spanking new team doing the presentations and the feedback received was extremely positive.

EDM APF PR WG's JOINT MEETING: The EDM PR Team and our WG held a collaborative meeting on the 18th of October. There were about 20 members in attendance and the focus was on our PR efforts and how we could improve our communications in the future. The EDM has plans to create a formal PR WG and we shared our vision and processes with them.

The WG meeting in October focused on reviewing the September Workshop and on one of our stated goals - how to help NA communities get registered with their respective governments. We had a representative from Indonesia share on the processes they used to get registered as a society. We plan to create a template soon that can be used by APF communities to assist them becoming officially recognized by their respective governments. It was also decided that our next workshop **on H&I - would be held on the 14th of November**. Victoria Area through the efforts of the Australian RD has very kindly agreed to lend us their Zoom Business account and we might have separate translation Feeds in Bahasa and Farsi for this workshop!!

I just wanted to invite more members to join our WG, it's an exciting place to be and together we can carry our life saving message to many addicts who are still suffering from the horrors of addiction.

With Lots of love and Hugs

On Behalf of the APF PR WG

Amitabh S, (APF PR Coordinator)

Fellowship Development



It's with great pleasure that I submit my first report on behalf of the Fellowship Development Workgroup. I was approached by the Australian Regional Delegate after the conclusion of the APF 2020 meeting asking if I'd be interested in the role of FD Coordinator Interim. I was made aware of the decision made by the delegates that the APF Admin would be considering members' resumes to fill the position. I submitted my resume and with great delight was informed that I'd been elected as the Interim APF Fellowship Development Coordinator.

We held our first workgroup call for the 2020-2021 cycle on the 5th June, with eleven members present. It was at this meeting that Sumit D. from Nepal was elected as the FD Workgroup Secretary. We've held meetings in the months of July, August, and September with an average attendance of around 15 members. We have a diverse community representation from Aotearoa New Zealand, Australia, Bahrain, Bangladesh, India, Maldives, Nepal, Pakistan North, Philippines, Singapore.

It's been a rewarding and exciting five months and I've been supported by a fantastic group of people. The FD workgroup is continuing to grow and I'm constantly amazed at the willingness, dedication, and enthusiasm of its members. The current situation we find ourselves in has given the opportunity for FD to rethink its approach on how to best support the APF Communities, while face to face FD is on hold. We've not focused on what we can't do but about what we can do, and believe that technology can provide us an opportunity to reach a greater number of members of the Asia Pacific Zone in fulfilling our primary principle.

The idea of a Virtual APF Learning Day was originally discussed between myself and the APF Women's FD Coordinator. The idea was flagged on a trusted servants call and received encouraging support. We then took the idea to the FD Workgroup meeting and have been discussing and planning this event since then. We're now in the final planning stages and are excited about bringing a new style of FD to the APF Communities. The idea for Learning Days is something that APF delegates have identified in recent Strategic Planning sessions as something they would like the APF to provide.

After several months of communications and planning, our first Virtual Learning day was held on the 10th of October 2020. The main focus was Building Strong Home Groups. Here are some of the highlights as well as the flyer presented to the communities.

Learning Day Highlights

- An historical event being that it was the first APF Learning Day.
- Attended by over 90 members from all over the Asia Pacific Zone.
- Valuable resources that the APF FD workgroup created for the workshop have been distributed to APF delegates.
- We welcome any member who resides within the APF to attend our monthly online service meeting. The meeting is held on the first Friday of every month at 6.30 pm Australian

Eastern Standard Time (AEST).

In Loving Service,

David T

Fellowship Development Interim Coordinator | **Asia Pacific Forum**

For more information contact: fdc@apfna.org



Asia Pacific Forum



FELLOWSHIP DEVELOPMENT
invites you to a
VIRTUAL LEARNING DAY



"Building Strong Home Groups"

Saturday, October 10, 2020, for 3 hours
8am Bahrain/Kuwait | 8.30am Iran | 9am Oman/UAE
10am Maldives/Pakistan | 10.30am India/NERF
10.45am Nepal | 11am Bangladesh/Bhutan
12pm Indonesia (Jakarta)/Vietnam/Cambodia/Thailand
1pm Philippines/Hong Kong/ Singapore /China/Malaysia
2pm Japan/S'th Korea | 3pm(AEST) Australia
6pm Aotearoa NZ(NZDT) |7pm Hawaii (day before)
Zoom ID: 6431307242, Password: APFFD
This Event Has a 500 Participant Limit
For more info email: fdc@apfna.org

Higher Powered

About two and a half years ago we decided to form a Whatsapp group, to bring together women members of NA from across the region. January 2018 saw about 20-30 of us together on that one platform. Higher Powered was chosen as the name for the group! It was a revelation for me to realise that there were so many Indian women members whom I hadn't even known existed!

The seed to start an online women's only meeting was sown, and the ladies who made it possible included members from Bangalore, Pune, Delhi and other cities across the country. We started with one Skype meeting a week in February 2018.

In subsequent months we realized that many of our newcomers lacked the basic tools for working the program – sponsorship and step-work. This gave birth to a long-held dream of ours - the country's first women's convention.

We wanted to inspire women to connect with other women, promote the real core of our program - the steps and sponsorship.

We formed a committee from within the group and came up with a name that would capture the essence of what we were trying to do - which was to unite the women across the country. Therefore the group came to be called *United Women of NA, India*.



In September 2019 we were able to pull off an-India wide women's convention, the first to bring all Indian women together, hosted by the United Women of NA - India. The theme for our convention was aptly named "Living the Dream".

We faced several challenges in pulling this off, from working together at a distance to a lack of funds. Coordinating via online platforms and keeping the faith in our HP, we managed to raise funds through registrations and sale of merchandise within the NA community.

The response was overwhelming! We had women from all pockets of India come up and serve. The Chair for our first convention was from Pune and Pune Area took a conscience to let us host it under their wings. We are extremely grateful to the members of this and other areas who supported us wholeheartedly in our efforts.

The first Convention was a huge success. We had 50 women register, of which 40 were from India, with many making their first NA convention! Our greatest achievement was in being able to keep the convention open to all women. Those who couldn't afford it, 14 in all, were sponsored through our newcomer's fund. We left no stone unturned and even paid for travel expenses for a few women coming in from far away.

Our program was designed to carry a simple message - no matter what, women too can stay clean and adopt the NA way of life..

We will be completing 3 years of our women's meetings in February 2021 and currently have 2 meetings every week. Our meetings too have proved to be safe for women, encouraging women to take up service positions within the group as well as other groups they are a part of

A day at a time we grow, support and love each other the NA way.

In loving service,

Divya B



These are special interest women's meetings which are closed NA meetings.

We are also listed on: www.virtual-na.org

UNITED WOMEN'S NA INDIA MEETINGS ON ZOOM

Wednesday - 7pm to 8 pm India Time (Speaker meeting) 9.30 am EST, 2.30 pm UK time

Saturday - 4pm to 5 pm India Time (JFT topic meeting) 6.30 am EST, 11.30 am UK time.

<https://us02web.zoom.us/j/8592341380?>

Meeting ID: 859 234 1380

Password: women2020

A Grateful Member in Nepal

Hello everyone, my name is Nikesh and I'm a grateful addict from Pokhara in Nepal. My home group is the New Beginning Group. First of all, I would like to thank the Editor and the rest of the team for their service. Plenty of heartfelt love and gratitude.

My story is totally the same like all of you. The degree of sickness may vary, the choice of drug may vary, but the spiritual death, pain, desperation, despair, unmanageability and frustration are the same. I am so grateful for life. Thanks to NA for giving me this new life. All the years of desperation, my tears, my pain and my sorrow are a gift today.

I was a boy who had passed so many of his years in a bathroom or a darkened room, who lived a life full of hate, pain, self-loathing and tears. I never thought that I would one day be clean and write my story here. Life wasn't easy during active addiction. Using was fun at the beginning but it became a habit and finally turned into a battle for survival. I was a guy who started with a Friday night party but before I realized it, I had turned into a total junkie, a junkie that would do anything, no matter what, for his next fix.



Compulsion to feed the habit was strong despite not having warm clothes in winter. That didn't matter. I was hungry but the food didn't matter. What mattered were the drugs. As it says in our basic text, I lived to use and used to live. I lost all my morals and values. My Mother never took drugs but she too suffered because of my disease, as did all my family members. Finally, after 7 relapses and visits to several treatment centres, I found NA. Thank you God for being so kind as to give me my life back.

What I was dreaming of, to become a normal functioning human being, to live life not on my terms but on life's terms, has come to pass. Seriously there aren't any complaints about my life today. I full well know that I might not be cured, but spiritually my heart is filled with love.

I can love and be loved. I have a feeling of empathy today. It hurts me today when somebody is hurt. I cry today when somebody cries and I can laugh today with others. Higher mental emotional functions are back and living skills aren't reduced to an animal level. My spirit is repaired one breath at a time. I feel human today. Self worth is a priceless gift for me. After so much struggling in active addiction, today I am clean and trying to be serene every day, practising surrender one moment at a time, one breath at a time. NA has changed my life.

If someone is reading my article and having a hard time quitting drugs, I promise you, NA can help you as it has helped me. An addict does not have to die from the horrors of addiction. Very simply the message of NA is hope and freedom, that any addict can stop using, lose the desire to use and find a new way of life. If I can stop using, anyone can.

Lastly, I would like to thank my Pokhara fellowship, my sponsor, and the Newsletter Editorial team for giving me a chance to share my feelings. My clean date is 16th July 2017.

Much love from Nepal. Truly a grateful addict,

Nikesh - Nepal

एक कृतज्ञ नेपाली सदस्य

सबैलाई नमस्कार, मेरो नाम निकेश र म एक कृतज्ञ दुर्व्यसनी हुँ। मेरो घर पोखरा, नेपाल हो र मेरो होम ग्रुप न्यू बोन ग्रुप हो। सर्वप्रथम, म यस न्युजलेटर सम्पादक र सम्पूर्ण टिमलाई सेवाको निम्ती धन्यवाद दिन चाहन्छु साथै मेरो तर्फबाट प्रेम र कृतज्ञता छ।

मेरो कथा पनि तपाईंहरूको जस्तै रहेको छ। मेरो विमारीको स्तर, सेवन गर्ने नशा फरक हुन सक्छ तर अध्यात्मिक मृत्यु, पिडा, दिक्कारी, निराशा, अस्तव्यस्तता र हतासा समान छन्। म आजको दिनको निम्ती निकै कृतज्ञ छु। धन्यबाट एन.ए., मलाई यो जीवन दिएकोमा। त्यो वर्षोको दिक्कारी, आशुहरू, मेरा पिडा र दुःख नै आज मेरो निम्ती उपहार भएका छन्।

म यस्तो केटा हुँ जस्तै वर्षो सम्म धेरै समय बाथरूममा र अध्यारो कोठामा बिताएको छ र जस्तै घृणा, पिडा, आफु प्रति कै तिरस्कार र आशुसरी भएर बाँचेको छ। मैले सोचेको पनि थिईन कि म एकदिन नशारहित भएर यहाँ यसरी आफ्नो कथा लेखिरहेको हुन्छु। सक्रिय दुर्व्यसनको समयमा जिन्दगी सजिलो थिएन। नशा सेवन गर्नु शुरुमा रमाईलो हुन्थ्यो तर केहि समय पछि नै त्यो बानीमा परिणत भयो र अन्त्यमा आएर बाँच्नको लागि गर्नुपर्ने एक संघर्ष नै भैदियो। मैले शुक्रबार राति हुने पार्टिहरूबाट नशा सेवन गर्न थालेको थिए। मैले थाहा पाउनु अघि नै म एक यस्तो “जंकी” मा परिणत भै सकेको थिए जसले आफ्नो अर्को नशा सेवनको निम्ती जे पनि गर्न तयार हुन्थ्यो।

नशा सेवन गर्ने कम्प्लेक्सन यस्को कडा हुन्थ्यो कि म जाडोमा न्यानो कपडा नै नलगाई नै नशाको पछाडी दौडन्थे। म भोको हुन्थे तर मलाई खाना भन्दा पनि नशाको नै सुरु हुन्थ्यो। बेसिक टेस्कटमा भनिए जस्तै म नशा सेवनको लागि बाँच्थे र बाँच्न कै लागि नशा सेवन गर्थे। मैले मेरो सबै मुल्य र नैतिकताहरू गुमाईसकेको थिए। मेरी आमा र परिवारका अन्य सदस्यहरूले नशा सेवन नगरेपनि मरो रोगको कारण पिडित हुनु पर्‍यो। सात पटकको रिल्याप्स र धेरै सुधार केन्द्रहरूमा धाएपछि अन्त्यमा मैले एन.ए. पाए। म ईश्वरलाई धन्यवाद दिन्छु कि वहाँले मलाई मेरो जीवन मलाई फिर्ता दिनु भयो।

आजको दिन म एउटा सामान्य मान्छे सरह हुन चाहन्छु। म मेरो होईन जीवनलाई जीवनकै शर्तहरूमा जिउन चाहन्छु। साच्चै नै आजको दिनमा मलाई मेरो जीवन प्रति केहि गुनासो छैन। मलाई थाहा छ कि म निको त हुन्न तर अध्यात्मिक सिद्धान्तहरूको अभ्यासले मेरो हृदय प्रेमले भरिनेछ। म माया गर्न सक्छु र अरुको म प्रतिको माया महशुस नि गर्न सक्छु। कसैलाई पिडा भएको देख्दा आजको दिन मलाई पनि दुःख लाग्छ। कोहि रोएको देख्दा मलाई पनि रुन आउछ र आज म अरु सँग हास पनि सक्छु। सक्रिय दुर्व्यसनमा गरेको लामो संघर्ष पछि आज म नशारहित छु र हरेक क्षण र हरेक श्वासमा सर्म्पण अभ्यास गरेर प्रत्येक दिन शान्त हुने प्रयास गरिरहेको हुन्छु।

यदि कसैले मेरो कथा पढिरहेको छ र नशा छोड्न गाह्रो भैरहेको छ भने म तपाईंलाई बाँचा गर्छु कि एन.ए.ले तपाईंलाई सहयोग गर्छ, जसरी मलाई गर्‍यो। एन.ए.को सन्देश एकदम सरल छ। जो सुकै दुर्व्यसनीले नशा सेवन बन्द गर्न सक्छ, सेवन गर्ने ईच्छा गुमाउन सक्छ र जीउने नया बाटो प्राप्त गर्न सक्छ।

अन्त्यमा, म पोखरा फेलोसिप, मेरो स्पान्सर र न्युजलेटर सम्पादक टिमलाई मलाई मेरो भावनाहरू शेयर गर्ने अवसर प्रदान गरिदिनु भएकोमा धन्यबाट दिनु चाहन्छु।

नेपालमा रहेको म निकेशको तर्फबाट तपाईंहरूलाई धेरै माया छ। मेरो नशारहित भएको मिति १६ जुलाई २०१७ हो।

एक कृतज्ञ दुर्व्यसनी

निकेश, नेपाल

??? Did you Know ???

Did You Know that *in* many of our communities, some of the biggest challenges presented by Covid 19 pandemic yielded surprising rewards:

For instance: The Thai Region reported that virtual meetings resulted in increased participation by bringing back to the Thai NA community people who had moved away and by establishing strong and growing participation by Thai language speakers. For instance: The Nepalese community experienced an ability to focus enough energy on translations to yield for them an impressive list of work in progress and completed translations.

For instance: The Indian community - scheduled hosts of 2021 APF Meeting and Convention -came together in unity and commitment to express their willingness to sacrifice their local convention interests so the APF could hold a live meeting coupled with the APF convention in either 2022 or 2023 as meets the needs of APF.



For instance: Following an initial period of some confusion caused by the rapid shutdown, the Japanese community quickly found ways through innovative and determined ad hoc committees to

reestablish sound NA recovery and service options including special and effective newcomer outreach and support.

For instance: For Halloween this year—an event celebrated in some cultures by dressing up in costumes—we don't know of any live events. However, we do know there were plenty of virtual NA Halloween parties. One community, the Philippines, hosted a wonderful Haunting Story of the Steps on Halloween. Many of those who attended—our newsletter editor Phyllis, for example—attended in costume, making for an unusually lively virtual experience.

Mukam H



Clean Dates ~ November to February

January

04 January 2004

06 “ 1998

07 January 2004

07 “

13 January 1999

22 “ 1993

Amitabh S,India

Rajinder P,India

Sumit D ,Nepal

Bijay L ,Nepal

Mahmoud Ch, Iran

Roger S,Aotearoa NZ

February

13 February 2008.

08 February 2001

17 February 2000

R.K. Gunikanta (Guni) NERF

Rocky NERF (North East India)

Sam B - “Serenity Sam”, USA

November

03 November 2010

07 “ 1992

08 November 2007

10 “ 2010

11 November 1987

Ash Thailand

Linda O Hawai'i

Ume Japan

Binaya K,bai UAE

Kimberly Y,USA

December

02 December 2007

16 “ 2011

13 December 2015

17 “ 1968

18 December 1975

23 “ 1997

26 December 2011

26 “ 1985

David R, China

Carrie L, Hong Kong

Nikki S, Hong Kong

Tom Mc,Hawai'i

Larry R, Hawai'i

Benedict R, India

Sanjeev, India

Tali Mc, Hawai'i

If you wish to share your MileStone in our newsletter, email:

newsletter@apfna.org

HAPPY BIRTHDAY



**NARCOTICS ANONYMOUS
MUMBAI & INDIA**

37 YEARS

08TH SEPTEMBER, 1983-2020

Upcoming Events



NA World Services

Virtual Meetings Webinar Report

31 October 2020

Virtual Meetings and Carrying the Message Effectively and Virtually was recently approved as a primary focus for the Local Service Toolbox Project this Conference cycle. This project will continue through at least 2021, and we invite all members to help shape this important work for the Fellowship. Our first survey is online now at www.na.org/toolbox until 31 December 2020. You can find additional information posted about the project at that location. Please check back regularly.

We plan to hold a series of web meetings on *Virtual Meetings and Carrying the Message Effectively and Virtually*, and we will post a report after each webinar on the Virtual NA Meetings page: www.na.org/virtual. We'll also post the PowerPoint and other related materials after each webinar and hope you find helpful information and experience.

This first Virtual Meetings webinar of this cycle was held 31 October 2020 to inform members about the work of the project, encourage members to participate in the first survey recently posted on www.na.org/toolbox, and provide the opportunity for members involved in virtual meetings and service efforts around the world to share their experience.

At least 630 people attended the webinar for at least 30 minutes, with many more people attending for less time. Translation services were provided in Spanish, Portuguese, and Russian. Italian translation was available as a separate Zoom connection. Because of the expected size of the webinar, the platform was set up so that all attendees' microphones and the chat function were disabled. Attendees were invited to ask questions by typing them into a Q&A box. The webinar was also live-streamed on YouTube.

[Sponsorship Day is 1 December](#)

[WCNA merch grab bags are on sale](#)

[We have posted reports from the last webinar on Virtual Meetings](#)

[SPAD entries are posted for review until 31 January](#)

APFNA Virtual Meetings

Due to the pandemic and for the personal safety of our fellows today, there are no live events to publish.

Many groups are utilizing Zoom and other platforms to meet on a regular basis. Many meetings can be found through: www.na.org/virtual Others can be found through a particular Region or Countries' website(s)

Another platform is FaceBook* for up coming speaker jams as well as a 24/7 live meeting.

Listed below are just a few examples for your convenience. If you wish to be listed in the next issue of newsletter, let us know via: newsletter@apfna.org

**N.A. does not endorse, finance, or lend its name to any related facility or outside enterprise including Zoom or Facebook.*



na-hawaii.org [A LIST OF VIRTUAL MEETINGS IN HAWAII](#)

Dhaka ASC of NA na.dhaka.bd@gmail.com is inviting you to a scheduled Zoom meeting.

Topic: UNITY NA GROUP MEETING

Time: 9:30 PM This is a recurring meeting Meet anytime

Join Zoom Meeting

<https://us02web.zoom.us/j/89846207374...>

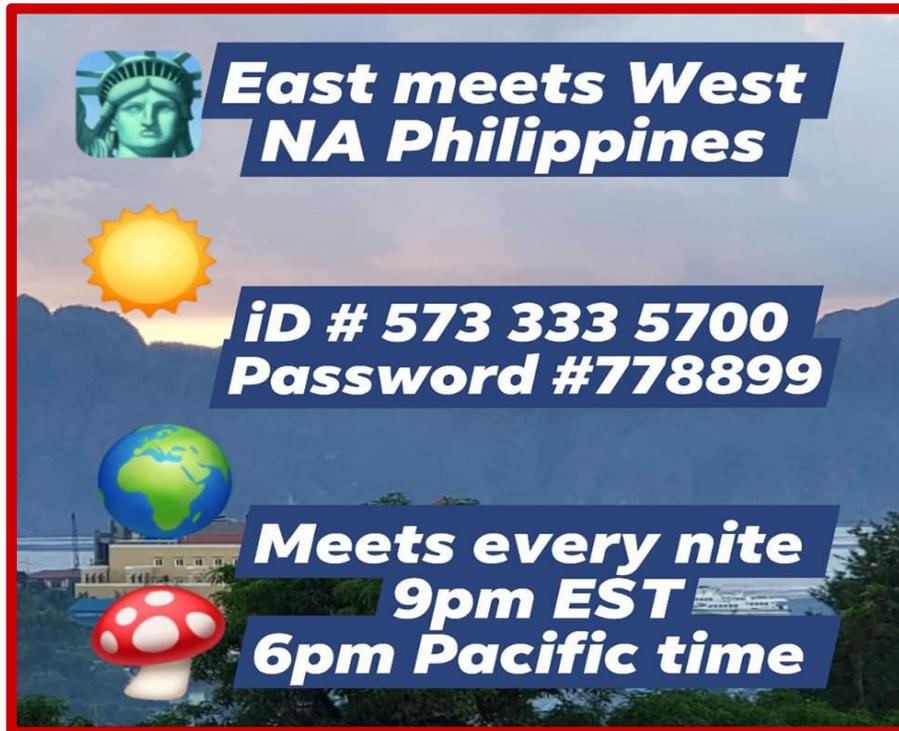
Meeting ID: 898 4620 7374

Passcode: 41071



Narcotics Anonymous
kathmandu Area

<https://www.nakathmandu.org/na/meeting/18/detail>



**East meets West
NA Philippines**

**iD # 573 333 5700
Password #778899**

**Meets every nite
9pm EST
6pm Pacific time**



LIVECLEAN HG

meets 6 times a week
MWFS 9:30am Phil. Time
TTh 10am Step Meeting

ZOOM ID 2073170791

Save The Dates

INTERNATIONAL SPEAKER JAM
Hosted by: *Sunshine from*
MALDIVES
Zoom ID: 8101202303
PassCode: 999666

Upcoming dates:

- 8 Dec' 2020
- 22 Dec' 2020
- 5 Jan' 2021
- 19 Jan' 2021
- 2 Feb' 2021
- 16 Feb' 2021

8 pm - 10 pm (+5 GMT) 

10 am - 12 am EST 

4 Speakers from Worldwide NA



Zoom ID: 8101202303
PassCode: 999666

24th November

8pm - 10pm (+5 GMT) 

10am - 12pm EST 

4 Speakers from Worldwide NA

INTERNATIONAL SPEAKER JAM
Hosted by: *Sunshine from*
MALDIVES



With sign language

ONLINE NEPALI FEMALE MEETING
(Only For Female)

Every Saturday

06:00 pm to 07:15 pm

 ID: 82823063561

Sponsorship Day

Tuesday
1 December 2020

Sponsorship can serve as a model on which we begin to build other relationships that are healthy, loving, and productive.

Living Clean, "Relationships"

How will you celebrate?

Read from the Sponsorship book?

Host a speaker jam or speaker meeting on sponsorship? Hold a sponsor/sponsee event?



Sponsorship Day medallions in our webstore!



روز راهنما



جمعه

یازدهم آذر ماه ۱۳۹۹

رابطه راهنما و رهجو می تواند الگویی باشد که ما بر اساس آن روابط سالم، دوست داشتنی و سازنده دیگری را بنا کنیم.

پاک زیستن، «روابط»

چگونه این روز را جشن خواهید گرفت؟

نشریه خوانی کتاب راهنما و رهجو؟

میزبانی از جلسه سخنرانی با موضوع راهنما/رهجو؟

برگزاری جلسه ای با محوریت موضوع راهنما/رهجو؟



روز راهنما

