

# ASIA PACIFIC FORUM NEWS

Afghanistan - Aotearoa New Zealand - Australia - Bahrain - Bangladesh - Bhutan  
Cambodia - China - Guam - Hawai'i - Hong Kong - India - Indonesia - Iran - Japan  
Kuwait - Malaysia - Maldives - Nepal - NERF - Oman - Pakistan North - Pakistan South  
Philippines - Saudi Arabia - Singapore - South Korea - Thailand - UAE - Vietnam

A NETWORK OF NA COMMUNITIES

[www.apfna.org](http://www.apfna.org)

Issue # 54 July 2022

## *A Note from the Editor*

Salaam everyone, First of all I wanted to appreciate our last trusted servant dear Phyllis for her unconditional service for a considerable period of time in this position and thank her for staying on with us and also my gratitude to other team members; Amitabh S, Sunil K, Archer K, Mahboubah, Dennis and Sumit D for supporting me! It was my honor to be selected by the Admin as your trusted servant and hopefully we can do as best as we can during this amazing opportunity we've got!

*Sincerely, Meysam M (AFP-News)*

### **Inside**

**Reports from the Merchandise Chair  
Karyn and PR Coordinator Nita**

### **Articles**

- **Living Clean, the Journey continues**
- **Coming to Believe**

**Why I Love...**

**Dennis**

**Clean time & Anniversaries**

**Coming Events & Virtual Meetings**

*If there is anything you wish to add, perhaps a  
clean date, event or story you would like to tell  
, email [newsletter@apfna.org](mailto:newsletter@apfna.org)*

### **Introducing our Newly Elected Admin and 2022 Trusted Servants**

Mark	Interim Web Chair
Meysam	Interim Newsletter Editor
Karyn	Merchandise Chair

## Report from the Merchandise Chair

Greetings APF communities!

My name is Karyn and I am the Merchandise Chairperson for the APF. We are currently looking for designs for the merchandise we will be designing and producing for sale at the APF business meeting in Darjeeling February 2023.

One item we are excited about is our Spiritual Principle bags. I have a list of 30-40 spiritual principles that have so far been translated into Hawaiian. We will make these into cards, and then into sets that we will sell. If you are interested in doing this for your community, please email me at [merchandise@apfna.org](mailto:merchandise@apfna.org). I will send you a copy of the format we are using as well as the words. One side would have the word in your language, as best translated, the other side in English. (All cards will have one side in English). In addition to the translations, please put your community's logo on the card to identify where it is from. It is my hope that we can have these from all communities. Please contact me directly for the list of principles we will be using.



Right now, we are sourcing vendors in India. We are always looking for ideas of what to make, please send those as well. It would be wonderful to have each of our communities represented in the merchandise we sell at our meeting, and later at the WSC and World Conventions. APF merchandise has always been one of the first tables people visit at the World Market.

If there is a merchandise person for your community I encourage them to contact me as well. All ideas are welcome! We may not be able to use them all this year, they will be kept for future APF events and fundraisers.

Also, if you are willing to be of service to help either sell merchandise at the meeting or beyond, please let me know!

*Mahalo Nui  
Karyn W.*

## PR Coordinator and PR WG Report



### NA PR Week

APF members participated in several activities during PR Week - Learning days, PR Presentation, Launching PSA

1. Friday, June 3, 2022

Learning Days on Basic PR presented by Amitabh and Erik and were attended by 30 participants.

A very interesting session with question and answers.

2. PR Presentation to Drug Addiction Hospital, Jakarta, Indonesia (face to face)  
Participants: 21 people from hospital management

### Presentation Process:

The presentation opened with an introduction and continued with a powerpoint presentation.

In this process there are questions and answers.

1. What is the legal status of NA in Indonesia

Because this is a hospital (a state institution) it can only refer clients to organizations that have been registered/appointed by the government

2. How is NA funded? Is it funded by the government or other funding?

The discussion on this question was quite long, because they do not believe that there is a large organization that is not financed by the government (only supports itself).

3. How to maintain client anonymity

Client data in the hospital cannot be provided by the hospital because it is part of maintaining the code of ethics.

Follow up plan

Follow up hospital client referrals to NA meetings

3. PR Presentation at the Jakarta Recovery Club

Tuesday, June 28, 2022

Jakarta Recovery Club is holding a webinar that

aims to provide information to addicts so that currently there is an option for addicts to access recovery.

Webinar presentation of 3 organizations

1. NA

2. Smart Recovery

3. Recovery support group

Seeing that there is a need for addicts in the Jakarta area to know about recovery programs that can be accessed easily and are free of charge.

The activity started at 20.00 WIB with a presentation of the NA Program first, followed by presentations from the SMART Recovery Support group and SMART Recovery. After the presentation session, it was followed by a question and answer session for each.

Learning process:

It is still necessary to make frequent presentations on what the NA program is so that NA can be better known.

*In service,*

*Nita, APF PR Coordinator*

## Living Clean, the Journey Continues

Hi, my name is Mahmoud and I'm an addict. The Living Clean book says "Sooner or later, we experience a particular kind of opportunity or catastrophe we haven't heard about in meetings." Enduring the hard days of prison for the first 15 years of my child's life because of addiction were the consequences of my using drugs. I joined the program of NA 17 years ago and because I began living the spiritual principles, my life began again. This time I received a new gift, a beautiful daughter for whom I was a father for 10 years of love and through applying 12 steps. I was then faced with the hugest pain in all of my life; my daughter and three members of my wife's family passed away in an accident right in front of my eyes.



My kind daughter's notebook of travel memories remained half-finished. I was devastated. I was left with increasing pain and struggle to accept my feelings in this painful experience. I wasn't able to stand up on my feet at my angel's funeral, and only a spirit of love helped me get up, to stand firm and leave my child to God with my own hands.

The warm hugs of my sponsor and my recovery friends revived me. My lovely sponsor who had lost his only son before this empathized with me as a kind father and shared his experience with me. What a common pain and experience we shared! He stayed to surrender and to carry the message of "Living Clean, the Journey Continues" to me, his mourning sponsee. He himself bent over in pain attended meeting just three days after the death of his own son to give me and a couple of my sponsee brothers our key tags and medallions, and to share his experience, hope and strength practically.

After some time, two of my other sponsee brothers had a similar experience as well. Now we are four fathers with an increasing knowledge of staying clean despite the pain, sharing our experience, strength and hope with our fellow members. Through our sponsor we've learned to stay clean and continue our journey as best as we possibly can and to carry the message to the others through our hearts!

*Mahmoud Z*  
*Iran*

## پاک زیستن، سفر ادامه دارد...

سلام، اسم من محمود و یک معناد هستم. کتاب پاک زیستن می گوید "دیر یا زود ما یک فرصت خوب یا یک فاجعه را تجربه میکنیم که قبلاً درمورد آن چیزی در جلسات نشنیده بودیم." از دست دادن زندگی و دوری از فرزند اولم بمدت ۱۵ سال و تحمل روزهای سخت زندان بخاطر بیماری اعتیاد، تنها بخشی از درد سوء مصرف مواد مخدر بود. قریب ۱۷ سال پیش وارد انجمن شدم،



پیروی از اصول کمک کرد صاحب زندگی شوم. اینبار هدیه ای تازه دریافت کردم؛ دختری زیبا که ۱۰ سال عاشقانه و بصورت ۱۲ قدمی برایش پدر بودم، گویا قرار بود بعد از تمام عجزهای گذشته با بزرگترین درد زندگی روبرو شوم.

دفترچه یادداشت دختر مهربانم برای ثبت خاطرات مسافرت نیمه کاره ماند. دخترم و سه عضو خانواده همسرم، در یک سانحه تصادف پیش چشمانم به سفری ابدی رفتند. من ماندم و دردی فزاینده و کشمکش برای پذیرفتن احساسات خود و تجربه ای دردناک. توان ایستادن بر روی پاهایم را

نداشتم، در مراسم خاکسپاری فرشته ام اتفاقی روحانی کمک کرد تا بلند شوم، محکم بایستم و با دستان خود فرزندم را به خداوند بسپارم.

آغوش گرم راهنما و دوستان برنامه مرا احیا کرد، راهنمای مهربانم که خود مدتی قبل درد از دست دادن فرزند را تجربه کرده بود این بار چون پدری مهربان با من همدردی کرد و تجربه خود را در اختیار من گذاشت. عجب درد و تجربه مشترکی! او تسلیم اصول ماند تا پیام پاک زیستن، سفر ادامه دارد را به رهجوی داغدار خود برساند. او درست سه روز بعد از دست دادن فرزندش با کمری خمیده در جلسه بهبودی حاضر شد و چیپ و سکه من و دو رهجوی دیگرش را داد تا بشکل عملی تجربه، امید و نیروی خود را مشارکت کند.

مدتی بعد دو دوست دیگر در گروه قدم نیز تجربه از دست دادن فرزند را درک کردند. اکنون ما، چهار پدری هستیم که با داشتن دردی فزاینده تجربه، امید و نیروی خود را با اعضای انجمن مشارکت میکنیم. ما از راهنمایمان یاد گرفتیم پاک بمانیم و به سفر خود تحت هر شرایطی ادامه دهیم و حامل پیام بهبودی از راه قلبمان برای دیگران باشیم.

**محمود ز  
ایران**

## COMING TO BELIEVE

My unyielding conviction in the non-existence of God made it impossible for me to work the Steps. I had no issue with admitting that I was powerless and that my life was unmanageable, but moving on from there was impossible. The more I tried to practice suggestions like “fake it to make it”, the more it seemed like I was banging my head against a brick wall. Every time the word God came up, my shutters would come down.

This lack of belief, I can see now, was the main reason why I could not work the steps and why I kept relapsing even after staying clean for a few years. Nothing could make me wrap my head around the concept that there was a God or Higher Power out there that cared about me and was looking out for me.



This time when I got clean, a miracle occurred. I realized that the only reason I was still alive, despite my best efforts to end my life, was because there was something out there that had kept me alive. By all the rules of the game, I should have died and the fact that I was still alive was like a mind-opener.

This was the moment that I came to believe that a power greater than myself was looking out for me and wanted me alive. Almost two decades of struggle and I finally believed! Since then I have been able to work the steps with the help of my sponsor. Coming to believe made it easier for me to turn my fears and insecurities over to the care of my Higher Power. It has been the biggest blessing of my life! Being able to stop worrying about what will happen in the future has freed me to enjoy the present and made me a much happier person.

The miracle of coming to believe has opened the door to the many more gifts and miracles that recovery has to offer. I am truly blessed!

To all you guys struggling with belief, all I can say is keep coming back. It took me a long time but it really did happen!

*In gratitude*

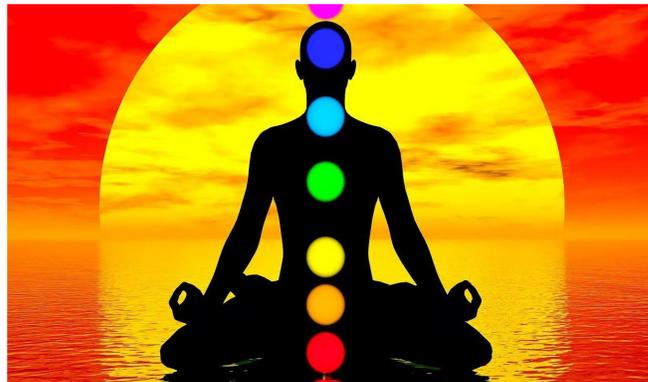
*Sunil K.*

*India*

## विश्वास हो रहा है

ईश्वर की गैर मौजूदगी के दृढ़ विश्वास ने मेरे लिए कदमों पर काम करना असम्भव कर दिया था। मुझे यह स्वीकार करने में कोई दिक्कत नहीं थी कि मैं शक्तिहीन था और कि मेरा जीवन अस्त-व्यस्त हो गया था, लेकिन वहां से आगे बढ़ना मेरे लिए असंभव था। जितना ही मैंने "बनावटी सच" जैसे सुझावों का अभ्यास करने की कोशिश की, उतना ही मुझे ऐसा लग रहा था कि मैं एक ईंट की दीवार पर अपना सिर पीट रहा हूँ। हर बार जब भी भगवान का शब्द आता, मैं बंद हो जाता।

इसी विश्वास की कमी को, अब मैं देख सकता हूँ, जो कि मुख्य कारण था कि मैं कदमों पर काम नहीं कर सका और कुछ वर्षों तक क्लीन रहने के बाद भी मैं बार-बार रीलेप्स क्यों हो जाता था। यह अवधारणा, की मेरा एक प्रेमपूर्ण ईश्वर या ऊपरी शक्ति मेरी देखभाल कर रही है, मेरे लिए अविश्वसनीय थी।



इस बार जब मैं क्लीन हुआ तो चमत्कार हुआ। मुझे एहसास हुआ कि अपने जीवन को समाप्त करने के अपने सर्वोत्तम प्रयासों के बावजूद मैं अभी भी जीवित था, क्योंकि वहाँ कुछ ऐसा था जिसने मुझे जीवित रखा था। यह तथ्य दिमाग खोलने वाला था कि मैं अभी तक जीवित था अन्यथा खेल के सभी नियमों के अनुसार, मुझे अभी तक मर जाना चाहिए था।

यह वह क्षण था जब मुझे विश्वास हो गया था कि मुझसे बड़ी एक शक्ति मेरा ध्यान रख रही है और साथ में मुझे जीवित भी रख रही है। लगभग दो दशकों के संघर्ष के बाद मुझे आखिरकार विश्वास हो गया! तब से मैं अपने स्पर्ॉन्सर की मदद से कदमों पर काम कर पा रहा हूँ। विश्वास होने पर मेरे लिए अपने डर और असुरक्षा को अपनी उच्च शक्ति की देखभाल में सौंपना आसान हो गया। यह मेरे इस जीवन की सबसे बड़ी देन है! भविष्य की चिंता ना करके अपने वर्तमान का आनंद लेना, मेरे जीवन का लक्ष्य बन गया है और इस लक्ष्य ने मुझे काफी खुशी प्रदान की है। विश्वास होने के चमत्कार ने, बहुत से उपहारों और चमत्कारों के द्वार खोल दिए हैं जो कि मेरी रिकवरी का प्रतीक है। मैं सचमुच धन्य हूँ!

विश्वास से जूझ रहे आप सभी लोगों के लिए, मैं बस इतना कह सकता हूँ कि आप वापस आते रहें। मुझे बहुत समय

लगा लेकिन आज मेरी ज़िन्दगी बहुत अच्छे मुकाम पर है और मैं यह कह सकता हूँ की यह वास्तव में ऐसा हुआ है!

आभार

## *New ongoing segment in the Asia Pacific Forum Newsletter!*

### **Why I love ...**

While we all love Narcotics Anonymous, we all have service positions, literature, groups, conventions that we are especially passionate about. Whether you have a day clean or decades, fill in the blank with what in NA is something that resonates with you on a deeper level.

Is there a service position like Coffee Maker, Greeter, or Chair/Facilitator of a committee that you love?

Is there a particular committee like Public Relations, Hospitals and Institutions that you are particularly passionate about?

Is there a service body like area, region, zone or world that you are grateful to be or have been a part of?

Is there a paragraph, page, or chapter in one of our books or pamphlets that you connect with on a deeper level?

Fill in the blank with something in NA that you love or are in love with, grateful for, or passionate about and tell us a story about what it is and why you love it. Share your experience, strength, and hope about what it is you love in NA.

Send your story to us at [newsletter@aofna.org](mailto:newsletter@aofna.org) email address along with your name and clean date.

There is no clean time requirement for gratitude, so we hope to hear from members of all lengths of clean time and experience.

Thank you for your service and your passion!

*Dennis M*

*Newsletter Team Member*

## Clean Dates ~ April to September



### May

07 May 2014	Rizky B	
17 May 1999	Mahmoud B	Iran

### June

4 June 2014	Salim A	Oman
5 June 1991	Tim S	Australia
8 June 1992	“Muk” Sharon H	USA
9 June 1995	Ronnie V	Philippines
18 June 2006	Xueli	China
21 June 1994	Irfan	Pakistan
21 June 1979	Phyllis S	Hawai'i
25 June 1990	Deb F	Aotearoa NZ
25 June 1993	Archer K	Hawai'i

### July

04 July 2001	Reza A	Bangladesh
25 July 2004	Sharon K	Aotearoa NZ
25 July 2008	Choney	Bhutan

If you wish to share your MileStone in our newsletter, email:

[newsletter@apfna.org](mailto:newsletter@apfna.org)

## Upcoming Events & Virtual Meetings

### Bangladesh

**Bangladesh Regional Convention of Narcotics Anonymous I**

**Registration Chair**  
Shafique S  
+88 0182 323 2338  
+88 0194 135 3891  
reg.brcna1@gmail.com

**Registration NOW OPEN**

Please mention during registration if there are any special dietary requirements, i.e. vegan or vegetarian

**Registration Packages**

**P1: Two sharing room** tk. 8,000/per person  
(breakfast, lunch, dinner, & 3 nights accommodation)

**P2: Three sharing room** tk. 7,500/per person  
(breakfast, lunch, dinner, & 3 nights accommodation)

**P3: Four sharing room** tk. 6,900/per person  
(breakfast, lunch, dinner, & 3 nights accommodation)

**P4: Five sharing room** tk. 4,900/per person  
(breakfast, lunch, dinner, & 3 nights accommodation)

**P5: Basic Registration** tk. 1,500/per person  
(without food & accommodation)

(First 360 registrations of P1 P2, P3, and P4 includes welcome pack with gifts, P5 shall only receive ID lanyard, programme, and snacks.)

**28, 29, 30 October 2022**

**The Sea Princess Hotel**

**Cox's Bazar**

### India

**NACCA - 6 JAIPUR**

**2, 3, 4 SEPTEMBER**

**Convention chair Pawandeep : 90818 88880**  
**Registration chair Gagandeep : 98727 56633**  
**Information chair Kunal : 98721 00153**

### NAWS FD Webinar

**9 July**  
**11am-12:30pm PDT**  
**(18:00-19:30 GMT)**

Please join us for a webinar about new ideas for Fellowship development.

We will hear from members around the world and have time for questions.

**Fellowship development is planting a seed of hope.**

Spanish and Portuguese translation provided.  
Contact [wb@na.org](mailto:wb@na.org) if you require other interpretation.

**Webinar ID: 876 6065 2792**      **Passcode: 1953**

### IRCNA XI

**NEVER ALONE NEVER AGAIN**

**SIKKIM | IRCNA XI**  
**24th, 25th & 26th November, 2022**

**HOSTED BY SIKKIM ASC**  
**AT RENDEZVOUS HOTEL, GANGTOK**

## HRCNA 28



**HRCNA**  
 28<sup>th</sup> Annual Hawaii Regional Convention  
 E'Pūpūkahi  
 "WE ARE ONE!"  
**NA**  
 KONA, HAWAII  
 Oct. 27<sup>th</sup>, 28<sup>th</sup>, 29<sup>th</sup>, 30<sup>th</sup> 2022  
 Courtyard by Marriott King Kamehameha's Kona Beach Hotel  
 First Come, First Served  
**To book your room scan the QR Code**  
 Send Speakers CDs to:   
 P.O. Box 23 Kailua-Kona, HI 96745-0023  
 Chair: Bobbi A. 808-769-2504  
 Programming Chair: John G. 808-895-5867  
 Registration: Anna S. 808-987-8818  
**ALL ATTENDEES MUST FOLLOW HAWAII COUNTY COVID-19 MASK AND SOCIAL DISTANCING GUIDELINES!**

*Labels: Local, Social Service, Costume Contest, Marathon Meetings & Speaker Meetings, Halloween Dance, BUFFETS*

## ECCNA 37



**ECCNA 37**  
 WE CAN... EGYPT 2022  
**WELCOME**  
 EUROPEAN CONFERENCE AND CONVENTION OF NARCOTICS ANONYMOUS  
**ECCNA 37 - CAIRO, EGYPT**  
 SEPTEMBER 9, 10, 11 2022

## Autonomy Zone Forum

**"Autonomy Zone Forum"**  
 Hosted By  
**The Greater Philadelphia Region of Narcotics Anonymous**

Saturday, July 23<sup>rd</sup> 10:00am – 9:30pm  
 &  
 Sunday, July 24<sup>th</sup> 10:00am – 3:30pm  
 at the  
 Grand Yesha Ballroom  
 2308 Snyder Avenue  
 Philadelphia, Pa. 19145  
 Hybrid: Zoom ID: 5327406231 Passcode: 1234

**Saturday Workshops include:**  
 Zones & Fellowship Development  
 The Guide to Local Service  
 What is Narcotics Anonymous World Service  
 Leadership/Effective Communication  
 Fellowship Intellectual Property Trust/Consensus Based Decision-Making  
 Virtual Meetings  
 Input on The Loner IPR21  
 Q & A  
 Service & Involvement (Speaker)  
 Comedian will Perform

**Sunday Autonomy Zone Forum**  
**"Bring a Newcomer" "Bring Your Sponsor"**  
**"Bring a Sponsee"**

**Refreshments Served**

More Information: [info@autonomyzonalforum.org](mailto:info@autonomyzonalforum.org)

## KACNA 8



**KACNA 8**  
 28 YEARS OF NA  
 KATHMANDU AREA CONVENTION OF NARCOTICS ANONYMOUS  
**THIS DECEMBER 2022**  
 +977-9843081000  
 asc.kathmandu@gmail.com

## Worldwide Connections

### **NAWS**

For the most up to date details please visit the NAWS website at:

[www.na.org](http://www.na.org)

### **APF**

For the most up to date details please visit the APF website at:

[www.apfna.org](http://www.apfna.org)

### **Australia**

For the most up to date details please visit the Australian Regional website events page at:

[Online Meetings - Narcotics Anonymous Australia](#)

<https://www.na.org.au>

### **Hawai'i**

For the most up to date details please visit the Hawai'i Regional website at:

[www.na-hawaii.org](http://www.na-hawaii.org)

### **India**

For the most up to date details please visit the India Regional website at:

[www.naindia.in](http://www.naindia.in)

### **Iran**

For the most up to date details please visit the Iran Regional website at:

[www.nairan.org](http://www.nairan.org)

## *APF Country Website Links*

[www.na-bali.org](http://www.na-bali.org)

[www.nacambodia.com](http://www.nacambodia.com)

[www.saudina.org](http://www.saudina.org)

<http://www.nakuwait.org>

<https://www.nachina.com>

<http://nakorea.org>

[www.na-thailand.org](http://www.na-thailand.org)

*For future issues, if you wish your event to be posted, contact :*

[newsletter@apfna.org](mailto:newsletter@apfna.org)